

# JUNIOR DIABETES COUNSELOR JOB DESCRIPTION

- Provide a positive role-model for other campers by practicing good habits of diabetes management. Examples include: carrying your water bottle with you to activities (and keeping track of it), checking BG levels and administering insulin without repeated requests from medical staff, and correctly calculating CHO at meal/snack times.
- Participate in camp activities and display qualities of good sportsmanship.
- Assist cabin medical staff with confirming and recording pump settings and daily dose data, blood glucose testing and ketone monitoring of campers after demonstrating good technique. This includes assisting medical staff with 2AM blood glucose rounds.
- Accurately record your BG levels, carb intake, and insulin doses administered on your log without being asked.
- Assist with daily cabin record keeping.
- Help the campers with CHO counting at meals.
- Watch and notify the medical staff if campers display s/s of hypoglycemia or home sickness
- Stock items that are needed in your assigned cabin for the treatment of low blood glucose levels. This should be done on a daily basis or more often if needed. Items (crackers, juice, Gushers etc) are obtained from the dietician in the kitchen and in winter lodge.
- Stock items that are needed in your assigned cabin for diabetes management. This includes but is not limited to, BG test strips, ketone test strips, lancets, Kleenex, and sharps containers.
- **ABSOLUTELY – NO CELL PHONES in camper view!!!** The campers are not allowed to speak to friends and family and remember you are their role model. What you do, they want to do. Junior Counselors are able to look at their phone after the campers are settled in bed and are sleeping.

**No smoking, drinking or drugs. Violation of this will result in dismissal from camp.**

